

Alzheimer's and Dementia Awareness

In house 3hr Training Course for GPs and Health Practice Staff

This 3 hour training course will raise awareness and establish understanding of Alzheimer's and other types and causes of Dementia.

Through DVDs, case studies and interactive exercises participants will gain an understanding of difficulties a person with dementia and their families are likely to experience.

We will adopt a person-centred approach to supporting and maintaining independence and explore methods of communicating sensitively with a person in distress.

Aims

- To understand the causes of dementia
- To recognise the implications of a diagnosis of dementia for individuals, families, friends and carers
- To establish a responsible, professional and person-centred approach to care management.

Learning Outcomes

On completing this course participants will be able to:-

- Define the term 'dementia' and recognise the main signs, symptoms and causes
- Identify key elements in the support framework that exists for people with dementia and their families
- Explain and adopt a person-centred approach to understanding and responding to behaviours which might be found 'challenging'
- Develop a person-centred approach to everyday care activities and the creation of an enabling and supportive environment.

Programme

- Awareness of dementia
- Definition of 'dementia'
- Quiz
- Incidence of dementia
- Types of dementia
- Statistics
- Symptoms
- Pre-dispositions
- Diagnosis
- Using 'Talking Mats'
- Establishing effective communication
- Support for the carer

What people say...

'I am able to leave having a lot more of an understanding towards dementia.'

'This will help me understand more about the person's needs'

'I have an increased awareness of dementia and how best to communicate and support the person'

'The training has widened my knowledge of how to enable people with dementia get the most out of life'

'I have developed more confidence in supporting a person with dementia'

'The training will help me to develop a person-centred approach'

'I am now able to understand the different types of dementia and areas of the brain affected in relation to behaviour'

'I am better able to understand why a person with dementia might behave in a particular way'

To book please contact Jackie Dennis – Spot on Solutions 07966 617130 email Jackie.spotonsolutions@gmail.com